



AWWC DIRECTORY OF SERVICES FOR SENIORS

EMERGENCY NUMBERS

DIAL 911 FOR ALL URGENT EMERGENCIES

DIAL 211 OR LOCAL TOWN HALL FOR EMERGENCY SHELTERS, WARMING CENTERS, OR SIMILAR PUBLIC EMERGENCY SERVICES

Domestic Violence Hotline (24 hrs.)	1-800-863-9909
Suicide Prevention Lifeline (24 hrs.)	1-800-273-8255
Poison Control Center (24 hrs.)	1-800-222-1222
Sexual Assault Crisis Ctr. (24 hrs.)	1-800-871-7741

CLOTHING

Goodwill Store and Donation Center, Belfast...338-8363
Waldo County TRIAD, Belfast.....338-2040
 Winter clothing for seniors and children (Thanksgiving)

EDUCATION

Belfast Adult & Community Education.....338-3197
 Education for adults, free for seniors 65+
Senior College, Belfast.....338-8033
 College courses for age 50+
Literacy Volunteers of Waldo County.....338-3197
 Reading, math, computers, English language

ELDERLY SUPPORT SERVICES

New Hope for Women.....1-800-522-3304
 Domestic violence services (Waldo, Knox, Lincoln Counties)
Office of Elder Services.....1-800-624-8404
 Various services, and for reporting abuse
Senior Companion Program.....1-800-287-0274
 Visits to homebound seniors
Spectrum Generations, Belfast.....338-1190
 Activities, aging assistance, care-giving
Waldo County Communications Center.....338-2040
 Non-emergency support and "Friendly Callers Program":
 Elders who register can call in at regular times; if a person
 doesn't call, county personnel follow up.
Wanderers Program, Belfast Police Dept.....338-5255

EXERCISE

Journey to Health.....921-3950
 YMCA WaldoCounty.....338-4598

FINANCIAL ASSISTANCE

Bankruptcy Lawyers.....1-800-425-0540
 Legal assistance for bankruptcy
Bureau of Consumer Credit Protection...1-800-436-2131
 Financial and credit information
Care Partners Financial Assistance.....877-626-1684
Waldo County General Hospital.....338-2500
Seaport Family Practice.....338-6900

LEGAL SERVICES

Maine Legal Services for the Elderly,
Augusta.....1-800-750-5353
 Legal services for adults age 60+
Pine Tree Legal, Bangor.....942-8241
 Free legal services for low-income residents
Waldo County Probate Court.....338-2780
 Wills, adoptions, appointment of personal representatives
Waldo County Superior Court.....338-1940
Belfast District Court.....338-3107

FOOD

Food Cupboards/Soup Kitchens
 AMVETS Memorial Post #150, *Liberty*.....589-4218
 Belfast Soup Kitchen.....338-4845
 Belfast Area Ministerium Food Cupboard.....218-1213
 Jackson Food Pantry.....722-3205
 Little River Baptist Church, *Belfast*.....338-1006
 Neighbors Cupboard, *Winterport*.....223-5726
 Northport Food Pantry.....338-2868
 Palermo Food Pantry.....993-2225 or 441-6447
 Seaport Congregational & Methodist Church Food
 Cupboard.....548-6204
 Unity Soup Kitchen.....948-6232
 Winterport Neighbors Food Cupboard..223-9951 or 223-4005
Food Stamps, Rockland.....1-800-432-7802
 Financial assistance for groceries
Meals on Wheels, Belfast.....338-1190
 Hot meals delivered to individuals age 60+

HOUSING/WEATHERIZING/OTHER

Efficiency Maine.....866-376-2463
 Rebate, loan, financing programs for home energy systems
MaineHousing Home Repair Program.....930-6809, x511
 Funding to low-income homeowners for basic home repairs
Subsidized Housing Information, Waldo County
 To receive a list of subsidized housing.....338-6809
WCAP Weatherization, Belfast.....338-6809
 Home weatherization for low-income families
Window Dressers.....596-3073
 Insulated window inserts

HEALTH CARE

Dental
Bucksport Regional Dental Center.....902-1100
 Maine Care accepted, sliding fees for uninsured
Donated Dental Services Program
Augusta.....1-800-205-5615 or 620-8276
 Free dental care to elderly and disabled
Senior-Dent, Belfast.....1-800-639-1553
 Dental services for low-income, age 62+

TRANSPORTATION

Bay Taxi.....338-1993
Concord Bus.....1-800-639-3317
Dowdneaster Train.....1-800-872-7245
Downtown Area Shuttle Bus (DASH), Belfast...338-4769
Schooner Bay Taxi.....594-5000
Midcoast Public Transportation Program, Belfast
 Rides for a small fee, other benefits.....1-800-439-7865

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Health Centers

Arthur Jewell Community Health Center, <i>Brooks</i>	722-3488
Donald S. Walker Health Center, <i>Liberty</i>	589-4509
Home Care & Hospice.....	1-800-660-4867/930-2677
Lincolnville Regional Health Center, <i>Lincolnville</i>	236-4851
Hospice Volunteers of Waldo County.....	930-2677
Maine Care at Home.....	1-800-660-4867
New Horizons Health Care, <i>Unity</i>	948-2100
Pen Bay Hospital, <i>Rockport</i>	921-8000
Practice at Biscone Bldg., <i>Belfast</i>	338-9344
Seaport Community Health Center (PCHC) <i>Belfast</i>	338-6900
Walk-in Clinic (7-7, M-F; 9-4, Sat-Sun).....	(no phone #)
Searsport Health Center.....	548-2432
Stockton Springs Regional Health Center.....	567-4000
Waldo Cty Home Health & Hospice, <i>Belfast</i>	1-888-254-513
Winterport Health Center (PCHC).....	223-0965
Walk-in Clinic (7-7, M-F; 9-4, Sat-Sun).....	(no phone #)
MaineCare/Medicaid, Rockland	1-800-432-7802
Health insurance for income-eligible	
Public Health Nursing, Belfast	338-3368/505-4950
Waldo County General Hospital, Belfast	338-2500

Pharmacies

Hannaford.....	338-1918
Seaport.....	218-6001
Walgreens.....	338-6844

VETERANS' SERVICES

Garry Owen House, Searsmont	342-2045
Transitional shelter for homeless veterans	
Maine Bureau of Veterans' Services, Waterville	
Information and assistance for veterans.....	430-6035
VA Maine Healthcare System, Augusta	
Healthcare and resources for veterans.....	623-8411, x5906

UTILITIES/FUEL

Efficiency Maine	866-376-2463
Rebate, loan, financing programs for home energy systems	
Interfaith Fuel Fund, Belfast	338-5575
Maine Public Utilities Commission, Augusta	
Ensures safety and reasonable rates.....	1-800-452-4699
WCAP CHIP, Belfast	338-6809
Grants to low income homeowners to repair or replace central heating systems	
WCAP Fuel Assistance, Belfast	338-3025
One-time emergency benefit of up to 100 gallons of home heating oil	
Window Dressers	596-3073
Insulated window inserts	
Woodshed, Waldo County	338-2692
Free firewood for short-term heating assistance. Must sign up in advance.	

MISCELLANEOUS

Belfast Police Dept. (non-emergency)	338-2420
Emergency Animal Shelter (in storms)	338-3870
Eyeglasses, Belfast Lions Club	338-1900
Eyeglasses, Searsport Lions Club	548-7271
Medicare Advocate for Medicare Assistance	1-800-750-5353
Medicare Advocate for Part D Assistance	1-877-744-7772
Sheriff's Department, Waldo County (non-emergency)	338-2040
Social Security, Rockland	1-855-269-9179

